

OCTOBER RANDOM ACTS OF KINDNESS CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BOOOO!				1 Deliver homemade cookies to a friend or neighbor	2 Leave a thank you note for a custodial worker	3 Find and sign up for a local Buddy Walk
4 Subscribe to a children's magazine for a child	5 Do something nice for someone else	6 Make gluten-free treats for a class or office	7 Thank someone for excellent customer service	8 Leave positive messages on ghost-shaped cutouts around your neighborhood	9 Show a genuine interest in others today	10 Donate old costumes to Ween Dream
11 Bring a small token of appreciation to a local clergy person	12 Purchase local produce	13 Send a card from your pet to the vet techs at the animal clinic	14 Engage in bully prevention and education	15 Place LED candles in your windows & drive with your headlights on	16 Donate items to a local food bank	17 Pay for a child's school lunch
18 Invite another family over for dinner	19 Donate books to the library	20 Share info about adopting shelter dogs on social media	21 Visit/shop a local chamber of commerce member business	22 Write a book review on Amazon or Goodreads	23 Participate in a Red Ribbon Week activity	24 Volunteer to chaperone a field trip or plan one
25 Send a card or gift to your mother-in-law	26 Support deployed military members	27 Start a community project or volunteer	28 Make a treat from a favorite cookbook & share it with friends	29 Donate funds or materials to your church library	30 Giving Halloween goody bags or treats to service people	31 Hand out treats for parents of trick-or-treaters