

NOVEMBER RANDOM ACTS OF KINDNESS CALENDAR

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

1

Make homemade dog treats and bring to a dog park

2

Thank a traffic broadcaster on social media

3

Make extra sandwiches to hand out at lunch

4

Fill a candy jar and put it on your desk to share with others

5

Leave a thank you note or gift at a military family's door

6

Invite a child who has aged out of foster care to dinner

7

Volunteer with or donate to hospice care

8

Treat someone to a cappuccino

9

Arrange for a child to receive letters from Santa

10

Join a clinical trial for Alzheimer's research

11

Attend a Veterans Day event or visit a VA hospital

12

Give someone a copy of a Chicken Soup for the Soul book

13

Once each hour make a point to say something kind to someone

14

Collect items for Use tools from NCFL for Family Literacy Month

15

Collect items for recycling

16

Help students apply for scholarships

17

Donate food to a food bank or homeless shelter

18

Offer to run errands or do chores for a caregiver

19

Donate a Monopoly set to a kids' club or school

20

Donate to your favorite charity

21

Have a conversation with a stranger

22

Donate a Monopoly set to a kids' club or school

23

Donate bibles to a Sunday school or bible study

24

Leave a puzzle book in a waiting room

25

Hide a note in someone's apron pocket

26

Bring a meal to someone who has to work on Thanksgiving

27

Set aside time to record your family's story together

28

Shop at a small business

29

Send cheerful emails and texts to people you know

30

Secure long-term health insurance for a loved one