

JULY RANDOM ACTS OF KINDNESS CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			 <p>1 Leave a small gift in your mailbox for the mail carrier</p>	 <p>2 Turn off your cell phone for the entire day</p>	 <p>3 Leave out water for animals and birds</p>	  <p>4 Hand out small American flags</p>
 <p>5 Tell someone's boss that he/she did a good job</p> 	  <p>6 Vow to only say kind things today</p>	 <p>7 Buy something from an independent retailer</p>	 <p>8 Organize a neighborhood treasure hunt</p> 	  <p>9 Leave a generous tip</p>	 <p>10 Make 2 casseroles for dinner, one for you + one to give away</p>	 <p>11 Call or visit someone who lives alone</p> 
 <p>12 Surprise someone with a picnic lunch</p> 	 <p>13 Collect all your spare change and add it to a donation jar</p>	 <p>14 Give a family member a massage</p>	 <p>15 Fill a box with items you no longer need and donate them</p>	 <p>16 Pack lunches and hand out to homeless people</p>	 <p>17 Leave activity books and crayons in waiting areas</p>	 <p>18 Host a free lemonade stand</p>
 <p>19 Buy ice cream for someone else</p>	 <p>20 Hand out lollipops to children (w/ parents' permission)</p>	 <p>21 Leave a jar of wishing pennies by a fountain</p>	 <p>22 Visit a zoo and thank the zookeepers for what they do</p> 	 <p>23 Hand out bottles of cold water to outdoor workers</p>	  <p>24 Call your cousins or send them a card</p>	 <p>25 Praise a child to his or her parents</p>
  <p>26 Tell your parents why you are thankful for them</p>	 <p>27 Send an e-mail to your aunts & uncles</p>	 <p>28 Bring extra sunscreen to the pool to share</p>	 <p>29 Invite friends over for a BBQ</p>	 <p>30 Send a "Thinking of You" card to your father-in-law</p>	  <p>31 Visit an animal shelter</p>	