

FEBRUARY RANDOM ACTS OF KINDNESS CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY									
<p>1</p> <p>Wave hello to other drivers and/or pedestrians</p>	<p>2</p> <p>Leave a love note where a loved one will find it</p>	<p>3</p> <p>Fill a bird feeder</p>	<p>4</p> <p>Leave a thank you note/gift for your mail carrier</p>	<p>5</p> <p>Leave spare change in a vending machine</p>	<p>6</p> <p>Wear red to raise awareness for cardiovascular health</p>	<p>7</p> <p>Send a card to a friend to say you are thinking of him/her</p>									
<p>8</p> <p>Surprise office staff with a pie</p>	<p>9</p> <p>Babysit for a friend for free</p>	<p>10</p> <p>Shovel snow for a neighbor</p>	<p>11</p> <p>Invite a new friend to coffee or breakfast</p>	<p>12</p> <p>Deliver boxes of tissues to a classroom or office</p>	<p>13</p> <p>Pay for the person behind you in line at a drive-thru or coffee shop.</p>	<p>14</p> <p>Hand out Valentine's cards to friends or family who won't expect it</p>									
<p>15</p> <p>Park far from the entrance to leave closer spots open for others</p>	<p>16</p> <p>Pay a compliment to someone in a bad mood</p>	<p>17</p> <p>Perform acts of kindness all day for RAK (Random Acts of Kindness) Day!</p>	<p>18</p> <p>Leave hand lotion in a public restroom</p>	<p>19</p> <p>Donate canned foods to a local food pantry</p>	<p>20</p> <p>Give a family member a back rub</p>	<p>21</p> <p>Pay someone's parking meter</p>									
<p>22</p> <p>Walk someone's dog</p>	<p>23</p> <p>Bake banana bread for your friends and neighbors</p>	<p>24</p> <p>Use #SpayDayUSA on social media to raise awareness of overpopulation</p>	<p>25</p> <p>Donate dental hygiene products to a local shelter</p>	<p>26</p> <p>Volunteer to read fairy tales at a local school</p>	<p>27</p> <p>Call or e-mail your parents</p>	<p>28</p> <p>Compliment someone</p>									
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