

Homework Fun Kit



REWARD CHART

Mark off one box for each assignment you complete

START
HERE

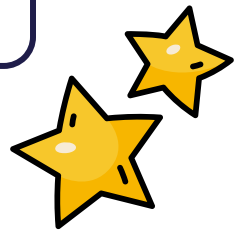


--	--	--	--	--

--

--	--	--	--	--	--

--



--	--	--	--	--	--

--

--



--	--	--	--	--

BRAIN BREAK DICE

Homework is easier when you take short breaks to recharge your brain! These dice make it fun to add movement and laughter between assignments.

Print and Build the Dice

- Cut along the outer edges of each die.
- Fold on the lines and glue or tape the flaps to form a cube.
- You have three dice to use: two with ready-to-go brain breaks and one blank die to write in your own ideas.

Roll for a Break

- After finishing a homework task, roll the brain break die.
- Whatever activity lands on top is your brain break!

Make It Your Own

- Use the blank die to write in your own favorite brain break ideas (or let kids create their own).
- Mix and match—swap out dice to keep things fresh!

Keep It Quick

- Each brain break should take 15–30 seconds.
- Then head back to homework with renewed energy.

Tips for Success

- Encourage kids to roll whenever they feel stuck, tired, or restless.
- Join in on the fun! Doing the brain breaks together keeps motivation high.

**JUMPING
JACKS**

**SPIN
AROUND**

**CRAB
WALK**

DANCE

**ANIMAL
NOISES**

STRETCH

**BALANCE
POSE**

**AIR
WRITE**

**FUNNY
FACE**

**FAST
FEET**

**AIRPLANE
ARMS**

**SHADOW
BOX**

