



THEMED DINNER NIGHT *Planner*

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Family Dinner Theme Ideas

How to Use:

1. Review the themed dinner ideas below.
2. Circle your favorites.
3. Use the blank lines to add your own!

Cooking Style Themes:

- Slow Cooker
- Air Fryer
- One Pot
- Sheet Pan
- Grilled
- No Cook
- Set & Forget
- 30-Minute Meals
- _____
- _____

Cuisine-Inspired Themes:

- Mexican Fiesta
- Italian Dinner
- Asian Night
- Mediterranean
- American Comfort Food
- Thai Takeout at Home
- Soul Food Sunday
- Tapas Night
- _____
- _____

Fun Dinner Themes:

- Taco Tuesday
- Waffle Wednesday
- Fondue Night
- Game Night Snacks
- Pancake Dinner
- Picnic Indoors
- Build-Your-Own Bar (Tacos, Burgers, Baked Potatoes)
- Red & White Night (tomato pasta + garlic bread + strawberries!)
- _____
- _____
- _____
- _____

Food Type Themes:

- Pasta Night
- Soup & Sandwich
- Casserole Night
- Meatless Monday
- Burger Night
- Breakfast for Dinner
- Pizza Night
- Nacho Night
- Handhelds (wraps, sliders, quesadillas)
- _____
- _____

Meal Planning Themes:

- Leftovers Night
- Try New Recipes
- Family Favorite Night
- Kids Cook Night
- Budget-Friendly
- Clean Out the Fridge
- Use Seasonal Produce
- _____
- _____

My Weekly Themed Dinner Plan

How to Use:

1. List your regular weekly activities and commitments in the first table so you can plan your themes based on your actual schedule and available time.
2. Use the family dinner theme ideas on the previous page to fill in the second table to create your weekly themed dinner plan.

Day	Activities
Monday	
Tuesday	
Wednesday	
Thursday	
Friday	
Saturday	
Sunday	

Day	Theme Chosen
Monday	
Tuesday	
Wednesday	
Thursday	
Friday	
Saturday	
Sunday	

Go-To Recipes by Theme

Theme: _____

Recipe Name: _____

Recipe Name: _____

Recipe Name: _____

Recipe Name: _____

Recipe Name: _____

Recipe Name: _____

Theme: _____

Recipe Name: _____

Recipe Name: _____

Recipe Name: _____

Recipe Name: _____

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Recipe Name: _____

Weekly Meal Planner

Day	Theme	Dinner
Monday		
Tuesday		
Wednesday		
Thursday		
Friday		
Saturday		
Sunday		