

# BATHROOM

## Cleaning Tips

### smelly towels

Wash in hot water with 1 cup borax.  
Use an extra rinse with 1 cup vinegar in the water.

### shower doors

Soak the doors with a spray of vinegar and let it sit.  
Next, scrub it with baking soda & salt. Rinse.

### bathtub

Fill with hot water.  
Add in 2 cups powdered laundry detergent. Soak it overnight. Rinse.

### pink goo in tub

Wipe away with a bleach and water solution or some tea tree oil diluted in water.

### glass cleaner

Equal parts white vinegar and water with a few drops of your favorite essential oil.

### potty smells

Mix 3/4 cup water, 2 tsp alcohol, 2 tsp dish soap, & 50 drops essential oil.  
(DIY Poo-Pourri)

### bathroom odor

Mix some essential oils with one box baking soda.  
Put in an open container, like a jar.

### shower liner

Soak in the bathtub in hot water and a little bleach.  
Hang to dry.

### trash can

Wipe it down with vinegar & water. Dry. Put a dryer sheet at the bottom beneath the trash bag.

### tile floor

Mix 1 drop of dish soap in warm water with 1/4 cup vinegar. Spray the tile & use a microfiber mop to clean.

### switch plates

Put vinegar on a cloth.  
Be sure the cloth is barely damp.  
Wipe them down.

### shower head

Put vinegar in a plastic baggie. Use a rubber band to secure it around shower head.  
Soak overnight.

# BEDROOM

## Cleaning Tips

### open windows

Let the pollutants escape and allow fresh air to circulate in the room while you're cleaning.

### worst first

Gather cups, dishes, trash, and anything that shouldn't be in your bedroom.

### sort

Put things that are the same or similar together in piles. (Books, papers, etc.) Put them where they belong.

### bedding

To kill dust-mites and other germs in bedding, wash in the hottest temperature and dry at the hottest temperature.

### mattress

Sprinkle baking soda over the mattress and let sit for 2 hours. Vacuum. Mix equal parts vodka & water and spray it. Let it dry.

### ceiling fan

Put a pillow case on a blade. Pull the pillowcase to wipe the blade so the dust goes in the pillowcase. Wipe with vinegar & water.

### clean the blinds

A sock on each hand: dip one in vinegar and water. Wipe the slats one by one. Use the other sock to dry them.

### dust in fans

Using canned air to blow out fans or heating vents to get rid of dust and allergens.

### musty smell

Blend lavender and citrus essential oils with water and keep it on hand for fresh spritzes.

### pet hair

Put on rubber gloves. Dampen with water. Use them to wipe across all surfaces or bedding with pet hair on them.

### dusting

Start with the highest places and work down so that the dirt doesn't fall onto clean surfaces.

### clean the floor

Carpeting: sprinkle baking soda & vacuum.  
To mop:  
2 parts peroxide to 1 part dishwashing liquid.

# KITCHEN

## Cleaning Tips

### kitchen cleaner

Mix 1 part hydrogen peroxide to 1 part dishwashing liquid in a spray bottle. Clean all the kitchen surfaces with this magic cleaner.

### smelly trashcan

Spray with magic cleaner..  
Let it sit for several minutes.  
Wipe it dry.  
Place a dryer sheet beneath a fresh trash bag.

### disposal

Turn on the water and start the disposal. While it's running put a handful of ice in it. Turn off the disposal and pour in a cup of vinegar.

### bad smells

Search for things that are rotting like potatoes, veggies. Next, cut an orange and sprinkle salt all over it. It works very well.

### under the sink

Pull everything out. Throw away old items and anything that is empty. Look for leaks. Wipe it all down with vinegar.

### stove/oven

Pull the whole thing out to clean down the sides and in between the spaces on either side where things have spilled or dropped.

### refrigerator

Pull everything out. Toss things that are expired or bad. Using some vinegar and water, clean the inside and the sealing gasket.

### stove top

Clean according to manufacturer's directions. Brew very strong tea. Wipe it on the stove. It prevents grease from building up.

### oven spills

Sprinkle salt on top of it. Use the oven as usual. The spill will turn into ash. Clean it up with a wet towel.

### stainless steel

Pour cheap vodka on a sponge or microfiber towel and wipe down.

### microwave

Microwave a small bowl of water for two minutes. When it's done, spills will be easy to wipe away.

### kitchen cabinets

Use a clean, damp sponge and the magic cleaner to clean from top to bottom.

# LIVING ROOM

## Cleaning Tips

### attack plan

Always clean top to bottom and left to right. Avoid going from one mess overhere to another across the room. Stay on track.

### dust

Move knick-knacks and other objects to dust. Be sure you wipe them down as well before replacing them.

### baseboards

Wipe down the baseboards with a solution of water and vinegar and a clean towel.

### lamp shades

Either wipe them down with a lightly damp cloth or use a vacuum cleaner attachment.

### declutter

Using a laundry basket, pick up clutter as you work your way around the room.

### TV

Wipe down the entire television with a dry, microfiber cloth.

### throw pillows

Vacuum with an attachment. Wash in the machine according to manufacturer's directions. If it's delicate or beaded, dry clean.

### leather furniture

Wipe with dry microfiber cloth or a clean cloth that is only slightly damp.

### pictures

Spray your cloth with a window cleaner or vinegar & water to clean. Don't spray directly onto a picture frame. Wipe down with a dry cloth.

### move furniture

Move furniture piece by piece and vacuum or sweep underneath it. Get help to move heavy pieces!

### light switches

Put vinegar on a cloth. Be sure the cloth is barely damp. Wipe them down.

### vacuum

Vacuum in long rows working your way to the exit. Vacuum yourself out of the room.