

New Year's Time Capsule

Instructions:

- 1. Cut out Time Capsule label on page 1.**
- 2. Glue to a shoe box and decorate how you like!**
- 3. Fill out the “About Me” sheet on page 2.**
- 4. Choose a few items from the checklist on page 3**
- 5. Put the “About Me” page, goal sheets and “Letter to my Future Self” in the box, along the items from the list.**
- 6. Open next New Year's Day to see how you've changed!**

Name

Year

Time Capsule

All About Me

I am _____ years old.

My favorite color is _____.

I like _____

My friends are

_____ is my hero.

When I grow up, I want to _____

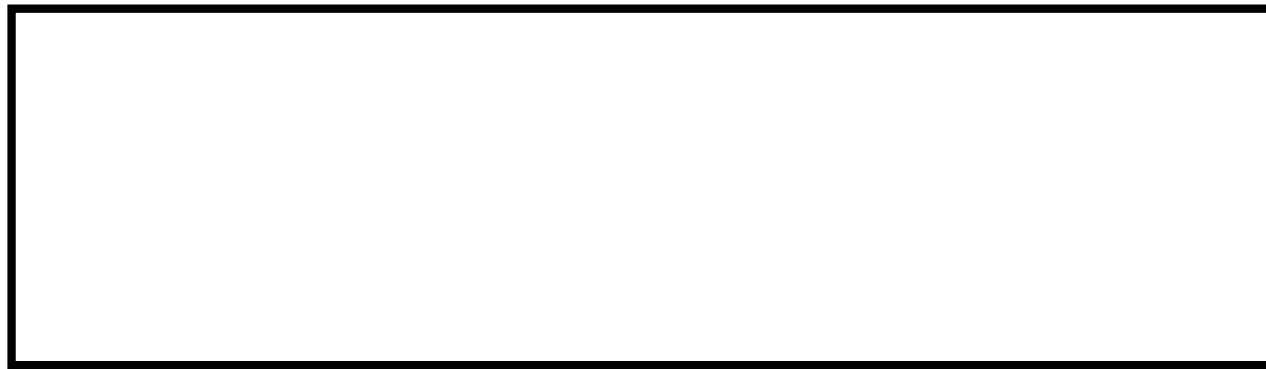
Time Capsule Check List

- A photo of yourself
- Favorite trinkets or toys
- Napkin from favorite restaurant
- All About Me Sheet
- Goal Sheets
- A Letter To My Future Self



Last Year's Accomplishments

This Year's Goals



A Letter To My Future Self:

Dear Me,

Sincerely,