

Healthy Instant Pot Recipes Menu

31 Days of Healthy Dinners



Moroccan Chicken	Carnitas	Honey Garlic Chicken	Butternut Squash Beef Stew	Whole Chicken with Vegetables	Cedar Plank Flavored Salmon with Mixed Veggies	Chicken Tikka Masala
Beef Broccoli	Sweet Potato Jalapeno Soup	Easy Smoky Ribs	Bruschetta Chicken	Egg Roll Bowls	Spicy Barbacoa Beef Roast	Pork Chili Verde
Seafood Gumbo	Chicken Piccata	Balsamic Beef	Chicken Vegetable Soup	Shrimp with Coconut Milk	Honey Soy Pork Tenderloin	Butter Chicken
White Bean, Pork and Green Chile Chili	Chicken Pho	Chili Lime Steak Bowl	Chicken Marsala with Spaghetti Squash	Sweet Potato Peanut Soup	Ginger Scallion Fish	Ground Beef Shawarma
Sweet Pork Tenderloin	Turkey Sausage and Kale Soup	Kung Pao Chicken				