

Sand & Sun

SUMMER HAS BEGUN!

SCAVENGER HUNT

Go for a family walk and find...

something smooth

something that smells good

something green

something white

something the size of a finger

something yellow

something rough

something with roots

something out of place

something bigger than you

something brown

something surprising

something with petals

something fuzzy

something with 3 colors

something from a tree

something a dog would love

something funny

something round

something pretty

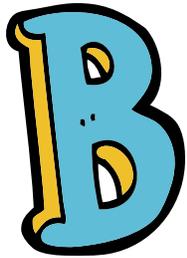
something that feels warm

something you'd like to keep

HAVE SOME FUN!

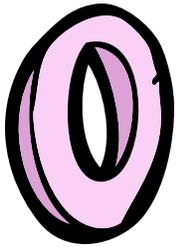
Find something fun to do!

make a milk shake ● ride your bike ● go to the park
play hopscotch ● hula hoop ● visit the library ● make a fort
go swimming ● wash your bike ● do a puzzle
bake cupcakes ● make up a story ● take a bubble bath
play a board game ● collect rocks ● skip rope
challenge someone to a race ● camp in the yard
eat an ice cream cone ● draw outside with chalk
build something from a cardboard box ● play school
● plan a family game night and make invitations
take pet food to a shelter ● find pretty sticks & paint them
put on a show ● put on a concert ● put on a dance
have a sleepover ● watch a movie ● have a race
create an obstacle course ● play in the rain
make a homemade card for someone ● play charades



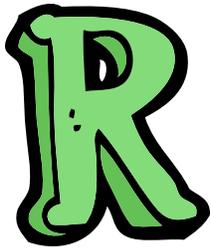
B

Be creative! Paint, draw or pretend.



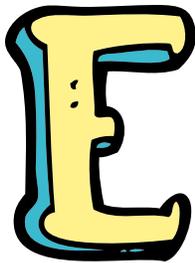
O

Outside fun in the sun always helps.



R

Read a good book. Read two!



E

Exercise, exercise, exercise!



D

Draw and color your own story.

SCREEN TIME RULES

Here are things you can do to earn screen time each day.

- _____ 15 minutes of screen time

There is to be no more than _____ hours screen time a day.

Screen time includes:

TV

iPad

Phones

Computer

FAMILY MOVIE NIGHT

20,000 Leagues Under the Sea
A Little Princess
Are We There Yet?
Cinderella
Diary of a Wimpy Kid
Dolphin Tale
E.T. the Extra-Terrestrial
Field of Dreams
Finding Neverland
Hachi: A Dog's Tale
Harry Potter Series
Home Alone
Honey, I Shrunk the Kids
Hook
Hugo
Jumanji (1995)
Like Stars on Earth
Mary Poppins
Mousehunt
Night at the Museum
Paddington
Pee-wee's Big Adventure
The Chronicles of Narnia: The Lion, the Witch and the Wardrobe
The Jungle Book
The Karate Kid
The Muppets
The NeverEnding Story
The Princess Bride
The Sound of Music
The Wizard of Oz
We Bought a Zoo



Earn your badges, cut them out and fill up your summer fun sheet!

