

HIGH PROTEIN SNACKS

You can keep eat on the go!

Almonds
Canned Salmon
Cashews
Cheese
Edamame
Greek Yogurt
Hard-Boiled Eggs
Hummus
Jerky
Lentil Salad
No-Bake Energy Bites
Nut Butter
Peanuts
Pistachios
Protein Bar
Protein Shake
Pumpkin Seeds
Roasted Chickpeas
Tuna
Turkey Roll-Ups
Walnuts