

Instant Pot Dump Recipes Menu

30 Days of Dump and Cook Dinners



<u>Mississippi Pot Roast</u>	<u>Salsa Chicken</u>	<u>Ham and Bean Soup</u>	<u>Balsamic Ginger Chicken</u>	<u>Soccer Mom Spaghetti and Meatballs</u>	<u>Cheesy Tuna Helper</u>	<u>Garlic Lemon Chicken Legs</u>
<u>Chicken Cordon Blue Casserole</u>	<u>Creamy Ranch Pork Chops</u>	<u>Hot and Sour Soup</u>	<u>Chicken and Stuffing</u>	<u>Chicken Taco Bowls</u>	<u>Apple Bourbon Pork Tenderloin</u>	<u>Buffalo Chicken Lettuce Wraps</u>
<u>Dr. Pepper Pulled Pork</u>	<u>Black Bean Soup</u>	<u>Honey Sesame Chicken Noodle Bowls</u>	<u>Corned Beef</u>	<u>Creamy Italian Chicken with Penne</u>	<u>Chicken Fajitas</u>	<u>Minestrone Soup</u>
<u>Pineapple Ginger Fauxtisserie Chicken</u>	<u>Mushroom Pasta</u>	<u>Chicken Noodles</u>	<u>7 Can Chicken Taco Soup</u>	<u>Country Style Ribs</u>	<u>Swiss Chicken</u>	<u>Cheesy Enchilada Rice</u>
<u>Korean Short Ribs</u>	<u>Pesto Chicken Pasta</u>					