

October Acts of Kindness Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Deliver homemade cookies to a friend or neighbor	2 Leave a thank you note for a custodial worker	3 Find and sign up for a local Buddy Walk	4 Thank someone for excellent customer service	5 Do something nice for someone else
6 Make gluten-free treats for a class or office	7 Subscribe to a children's magazine for a child	8 Bring a small token of appreciation to a local clergy person	9 Pay for a child's school lunch	10 Send a card from your pet to the vet techs at the animal clinic	11 Engage in bully prevention and education	12 Purchase local produce
13 Leave a small gift for the newspaper delivery person	14 Donate old costumes to Ween Dream	15 Place LED candles in your windows & drive with your headlights on	16 Donate books to the library	17 Show a genuine interest in others today	18 Visit/shop a local chamber of commerce member business	19 Donate items to a local food bank
20 Share info about adopting shelter dogs on social media	21 Invite another family over for dinner	22 Send a card or gift to your mother-in-law	23 Participate in a Red Ribbon Week activity	24 Volunteer to chaperone a field trip or plan one	25 Make a treat from a favorite cookbook & share it with friends	26 Support deployed military members
27 Write a book review on Amazon or Goodreads	28 Start a community project or volunteer	29 Donate funds or materials to your church library	30 Gift someone a copy of Chicken Soup for the Soul	31 Hand out treats for parents of trick-or-treaters		