

# November Acts of Kindness Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Make homemade dog treats and bring to a dog park	2 Thank a traffic broadcaster on social media
3 Make extra sandwiches to hand out at lunch	4 Decorate a purple pumpkin for epilepsy awareness	5 Leave a thank you note or gift at a military family's door	6 Invite a child who has aged out of foster care to dinner	7 Volunteer with or donate to hospice care	8 Arrange for a child to receive letters from Santa	9 Treat someone to a cappuccino
10 Donate food to a food bank or homeless shelter	11 Attend a Veterans Day event or visit a VA hospital	12 Give someone a copy of a Chicken Soup for the Soul book	13 Once each hour make a point to say something kind to someone	14 Use tools from NCFL for Family Literacy Month	15 Collect items for recycling	16 Help students apply for scholarships
17 Join a clinical trial for Alzheimer's research	18 Offer to run errands or do chores for a caregiver	19 Donate a Monopoly set to a kids' club or school	20 Leave a puzzle book in a waiting room	21 Have a conversation with a stranger	22 Hide a note in someone's apron pocket	23 Bring a meal to someone who has to work on Thanksgiving
24 Set aside time to record your family's story together	25 Shop at a small business	26 Donate bibles to a Sunday school or bible study	27 Donate a Monopoly set to a kids' club or school	28 Donate to your favorite charity	29 Send cheerful emails and texts to people you know	30 Secure long-term health insurance for a loved one

