

Loving THE ELDERLY WITH

Random Acts of Kindness

RAKE LEAVES



PLANT FLOWERS



BAKE COOKIES



WASH WINDOWS



INVITE THEM OVER FOR DINNER



HONORED GUEST AT DINNER



**TEA OR LEMONADE &
A SHORT TALK**



**WRITE A NOTE, MAKE A
CARD, OR DRAW A PICTURE**



PAINT NAILS



SWEEP OR SHOVEL SIDEWALKS



**SIT ON PORCH AND TALK WITH
THEM**



SING CHRISTMAS CAROLS



**INVITE THEM TO HOLIDAY
MEAL**



**GIFT THEM LEFT OVERS TO EAT
FOR LUNCH**



**GIFT THEM SMALL PORTION
FREEZER MEALS**



TAKE A HOT MEAL



**BRING THEM FLOWERS – REAL
OR PAPER FLOWERS**



TEACH A CLASS



**INTERVIEW THEM ABOUT
FAVORITE TIME IN HISTORY**



**ENTERTAIN THEM WITH YOUR
MUSICAL TALENT**



GO CAROLING



PLAY DOMINOES OR CARDS

