

Motherhood Journal Jar Prompts

What is the happiest time you ever spent with your own mother?

What is the happiest time you've spent with your child? Write one entry per child.

What do you like most about each of your children?

Which of your own traits do you see in your children?

Write 5 ways that you rock as a mother.

The best advice my mother gave me was...

I am happiest when...

Write about your favorite photo of you and your kid(s).

What is the best compliment you've ever received? How did it make you feel?

Describe your perfect day.

What's your favorite childhood memory?

List 10 things that are dear to you.

List 5 things you'd like to do with the kids in the next few months.

What do you imagine your children will be like when they're grown?

Describe your proudest mom moment.