

March Acts of Kindness Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Write a letter to a long-distance friend or relative	2 Make bookmarks for classmates or friends	3 Buy a card from Hope Art (supports orphans)	4 Thank someone in the military for their service	5 Make freezer dump meals and deliver to a struggling friend	6 Drop off a small gift & thank you note to the staff at your dentist's office	7 Donate cereal or cereal coupons to a local food pantry
8 Donate your old eyeglasses to a local Lions Club	9 Send in money to cover a student's school breakfast	10 Pack a lunch for someone else	11 Offer to put someone's shopping cart away in a parking lot	12 Plant flowers in a community garden	13 Leave a compliment on a business's comment card or online survey	14 Celebrate the women in your life -tell them why they are important to you
15 Thank a social worker for what they do for the community	16 Hand out healthy snacks to friends or coworkers	17 Hand out green pins or bead necklaces for St. Patrick's Day	18 Craft a gift for someone	19 After spring cleaning, offer unneeded items on Freecycle	20 Surprise someone with chocolate	21 Donate craft supplies to an assisted living facility, childcare center or church
22 Leave a sticky note with a friendly greeting on a public bathroom mirror	23 Offer encouragement and support to a family adopting a child	24 Read a book to a child or give books to a child	25 "Egg" a friend or neighbor - anonymously leave a basket of Easter goodies	26 Volunteer to clean the home of a sick friend or family with a newborn	27 Drop off crossword puzzle books to a hospital waiting room	28 Donate money to or volunteer for a women's cause
29 Shop at a local mom and pop business	30 Leave a nice comment on a blog post	31 Donate pencils and/or crayons to a classroom				