

30 Minutes of One-on-One Time with Mom	30 Minutes of One-on-One Time with Dad	30 Minutes of Computer Time	30 Minutes of TV Time
A Piece of Candy	Bake Cookies with Mom	One Extra Bedtime Story	Stay Up Past Bedtime
Get Out of One Chore	Choose Dinner	Trip to the Library	Free Hugs From Everyone in the Family
One Compliment From Each Person in the Family	One Item From the Dollar Store	10 Minute Dance Party	Serenade by Mom or Dad
Trip to the Pet Store	One Family Game of Your Choice	One Junk Food Item of Your Choice	Trip to the Playground or Park
