

Emergency Preparedness Kit

- Water: one gallon of water/person per day for at least three days
- Food: at least a three-day supply of non-perishable food
- 5 Gallon Bucket
- First Aid Kit and Instructions
- Medications: a seven-day supply
- Radio: battery-powered (and extra batteries) or hand crank
- Battery-Powered Lantern (and extra batteries)
- Flashlight (and extra batteries)
- Dust Masks: one per person
- Plastic Sheeting, Duct Tape and Utility Knife: to cover broken windows
- Heavy Work Gloves
- Moist Towelettes
- Hand Sanitizer
- Paper Towels
- Toilet Paper
- Garbage Bags
- Paper Plates, Plastic Cups, and Plastic Utensils
- Wrench or Pliers: to turn off utilities
- Crowbar
- Hammer & Nails
- Staple Gun
- Bungee Cords
- Scissors
- Manual Can Opener
- Family Documents
- Address Book or Contact List
- Cash
- Household Chlorine Bleach and Medicine Dropper: use 16 drops per gallon of water to purify water
- Personal Hygiene Items: Soap, Feminine Products, Toothpaste and Toothbrush
- Deck of Cards
- Paper and Pencils
- Activity Books: Crossword Puzzles, Sudoku, Word Searches, Coloring Books

Go Bag

- Flashlight
- Batteries
- Whistle
- Dust Mask
- Pocket Knife
- Cash in Small Denominations
- Change of Clothing, Sturdy Shoes, Rain Gear, Hat and Gloves
- Sleeping Bag or Blanket
- Local Map
- Food and Water: Trail Mix, Peanut Butter, and Canned Meat
- Permanent Marker, Paper, and Tape
- List of Important Contacts
- Copy of Health Insurance and Identification Cards
- Extra Set of Prescription Glasses or Hearing Aid
- Prescription Medication
- First Aid Supplies
- Extra Keys to House and Vehicle
- Toothbrush and Toothpaste
- Moist Towelettes
- Two-Way Radios
- Matches or Lighters (in waterproof container)
- Baby Formula and Diapers
- Pet Food and Supplies
- Prescriptions