Eat 10 carrots	Wipe all doorknobs	Organize Tupperware cabinet	Clean old leftovers out of fridge	
Dust all picture frames	No TV for the rest of the day	No dessert	Clean all mirrors	
It's your LUCKY day!	25 jumping jacks	Wipe all light switches	Double serving of vegetables at dinner	
Sweep kitchen and dining room	Wipe down baseboards	Dust all electronics	No electronics for the rest of the day	
10 push ups	Free pass	Give sibling a hug	Wear church clothes to school tomorrow	

No snacks for the rest of the day	Jog or walk for 10 minutes	Pick one toy to donate to charity	Go to bed ½ hour early	
Your name is Bob for the rest of the day	Do 25 sit ups	No consequence THIS TIME!	Clean hall closet	
Clean refrigerator door shelves	Weed the landscaping (mom or dad choose which part)	You cannot speak for the next 30 minutes	Every time you speak to your sibling you must say "I love you"	
Send a "thinking of you" card to a relative	Brush and floss your teeth right now	Read for 20 minutes	Make up a song about what you did wrong and perform it for the family	
Draw a picture of or write a story about a better choice you could have made	Finger draw the alphabet on mom or dad's back	Compliment someone in the family	Wipe outside of kitchen cabinets	



