

DAILY CLEANING CHEAT SHEET

Make bed

Empty dishwasher

Run hot, soapy water in the kitchen sink before meal prep to make it easier to clean as you go



Load dirty dishes directly into dishwasher (bypass sink)

Have family members sort their dirty laundry into appropriate bins in laundry room



Wash, dry and fold one load of laundry

Sort mail and newspaper - Immediately file, clip coupons, pay bills, etc.

Vacuum one room completely using attachments for lamps, baseboards, etc.



Wipe down surfaces in high-traffic areas with a disinfecting wipe or a disinfecting cleaner and rag

Declutter and straighten rooms before bed