



Be Stronger Than Your  
Excuses



Comparison is the thief of  
joy.



Why worry? If you've done the  
very best you can, worrying  
won't make it any better. –  
Walt Disney



Worry is a misuse of your  
imagination.



People aren't against you;  
they are for themselves.



Your day will go the  
way the corners of your  
mouth turn.



You can't stop the waves,  
but you can learn to surf. –  
Jon Kabat-Zinn



You are in charge of  
how you feel. Today,  
choose happiness.



Don't confuse your path with  
your destination. Just because it's  
stormy now doesn't mean that you  
aren't headed for sunshine.



Be kind to unkind people;  
they need it the most.



If you have good thoughts, they will shine out of your face like sunbeams and you will always look lovely. – Roald Dahl



Let your past make you better not bitter.



We must be willing to get rid of the life we've planned, so as to have the life that is waiting for us. – Joseph Campbell



Let your smile change the world but don't let the world change your smile.



One of the simplest ways to stay happy is letting go of the things that make you sad.  
– Daily Dose



Don't put the key to your happiness in someone else's pocket.



No one can make you feel inferior without your consent.  
– Eleanor Roosevelt



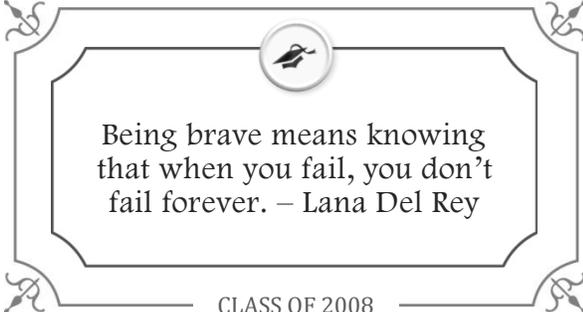
How people treat other people is a direct reflection of how they feel about themselves.



The difference between who you are and who you want to be is what you do.

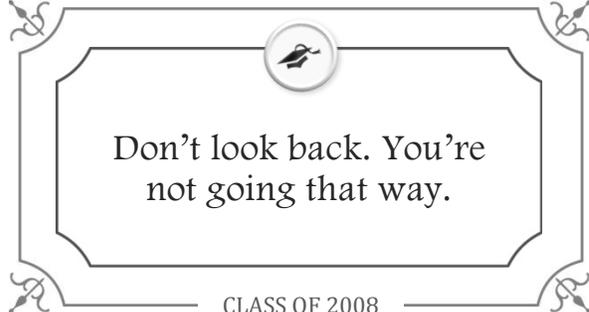


The biggest mistake you could ever make is being too afraid to make one.



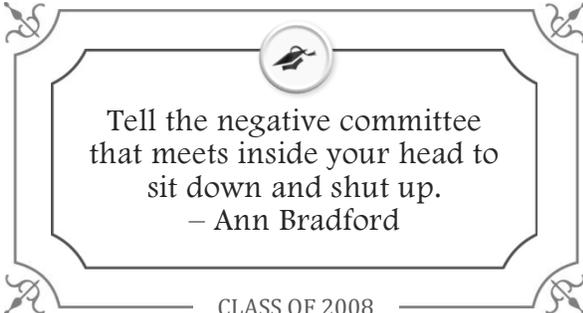
Being brave means knowing  
that when you fail, you don't  
fail forever. – Lana Del Rey

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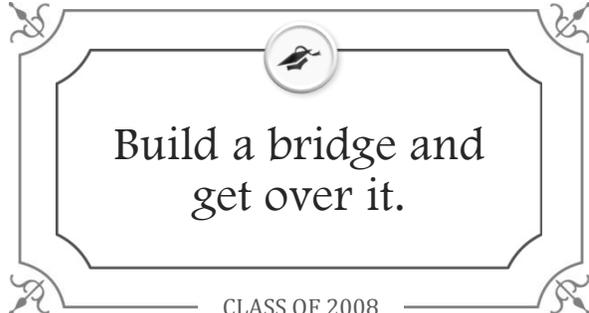
Don't look back. You're  
not going that way.

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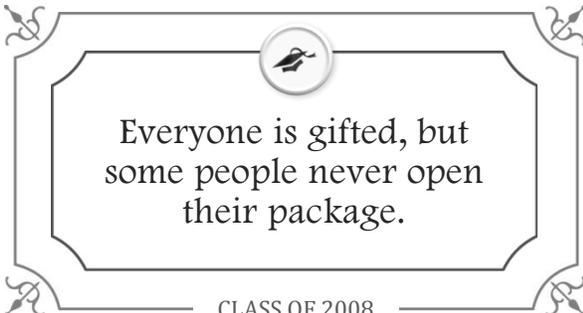
Tell the negative committee  
that meets inside your head to  
sit down and shut up.  
– Ann Bradford

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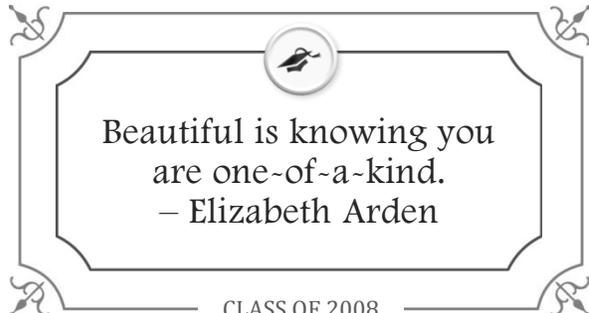
Build a bridge and  
get over it.

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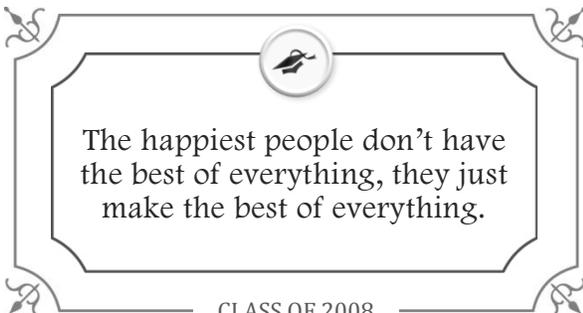
Everyone is gifted, but  
some people never open  
their package.

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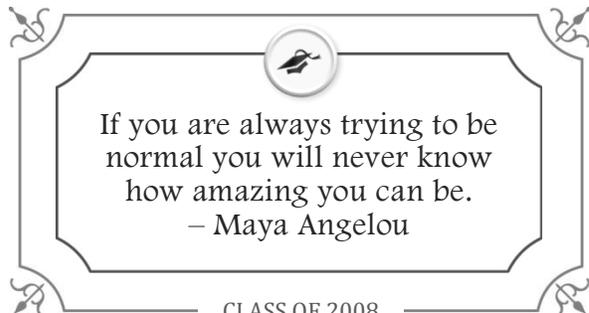
Beautiful is knowing you  
are one-of-a-kind.  
– Elizabeth Arden

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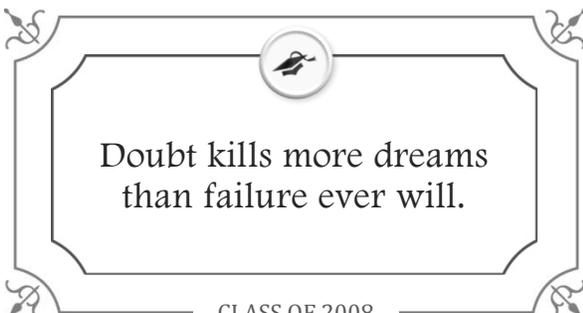
The happiest people don't have  
the best of everything, they just  
make the best of everything.

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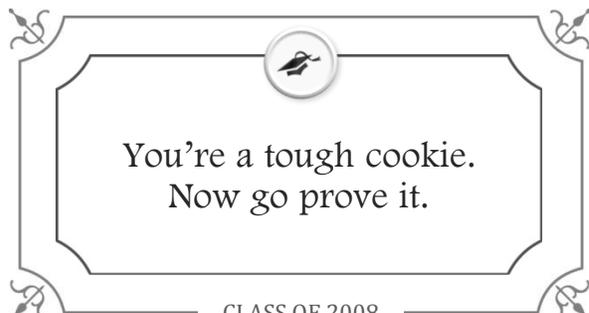
If you are always trying to be  
normal you will never know  
how amazing you can be.  
– Maya Angelou

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Doubt kills more dreams  
than failure ever will.

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You're a tough cookie.  
Now go prove it.

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